

Illness Guidelines

Westminster Christian Academy will follow the guidelines of the Missouri Department of Health and Senior Services (MDHSS) in determining when a student should be kept home from school due to illness.

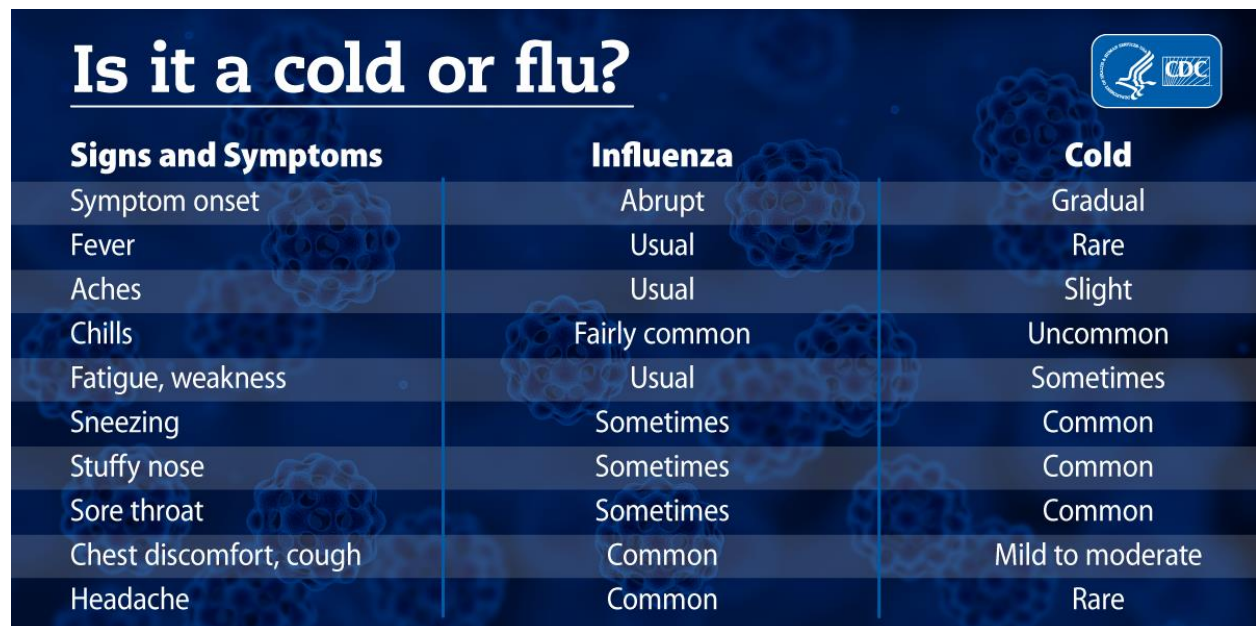
If your child will not be attending school for reasons of illness, it is very important that you email attendance and notify the school of the reason for the absence. This helps us to keep track of illness and illness trends among our students. It also helps us be assured that your child is safe at home.

For the health of your child, other students and school staff, it is important to know when your child should stay home due to illness.

Symptoms requiring exclusion from school:

- Fever of 100F or higher in past 24hrs
- Undiagnosed rash accompanied by fever or itching
- Persistent cough, wheezing or difficulty breathing
- Vomiting or diarrhea within the past 24hrs
- Sore throat with fever or swollen glands
- Symptoms of illness prohibiting student from participating in routine activities
- Eye Discharge (pus) with fever or eye pain

If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your healthcare provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is ill and to follow your health care provider's recommendations about returning to school and other social activities.



| Signs and Symptoms | Influenza | Cold |
|-------------------------|---------------|------------------|
| Symptom onset | Abrupt | Gradual |
| Fever | Usual | Rare |
| Aches | Usual | Slight |
| Chills | Fairly common | Uncommon |
| Fatigue, weakness | Usual | Sometimes |
| Sneezing | Sometimes | Common |
| Stuffy nose | Sometimes | Common |
| Sore throat | Sometimes | Common |
| Chest discomfort, cough | Common | Mild to moderate |
| Headache | Common | Rare |