Medication at School: What Parents Need to Know

If your child needs to take medication at school, including over-the-counter medications, here are some important rules and policies to follow:

- 1. Medications must be brought to school by the parent or another responsible adult in the original container.
- 2. All medication is to be taken to the nurse's office for secured, locked storage.
- 3. Prescription medications must be in a prescription-labeled container; the label stating the child's name, current date, name of medication and directions for administration.
- 4. Over-the-counter medications must be in their original containers.
- 5. Parent permission forms or online permission, must accompany any kind of medication. Physician requests also must accompany over-the-counter medications and any prescription medication to be given differently than stated in the label directions.
- 6. School nurse have standing orders from our district consulting physician to administer some medications. These include acetaminophen, antacid chewable tablets, ibuprofen, cough drops (only grades 6–12), albuterol and epinephrine (Epi-pen). These medications may be given according to package labeling based on the nurse's assessment of your student and his/her symptoms. Please contact your school nurse if you have any questions or concerns in regards to these medications and your student. You will need to submit a parent authorization form for medication to be administered at school.
- 7. If your child has asthma and you and your child's physician believe it necessary for your child to carry a "rescue" inhaler, as opposed to keeping it in the nurse's office, please contact your school nurse. You will need to submit the liability waiver and the parent authorization form.

If you have questions, please contact Sue Haverstick, Health Services Coordinator.